

PTNow Tips for Third-Year PT Students

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What is PTNow?

PTNow is a website that is available for **FREE** with your APTA membership that provides clinical resources for physical therapists, physical therapist assistants, and students.

How can I use PTNow to advance my clinical decision-making skills?

PTNow applies evidence-based practice that can easily be put into ICF model format:

- Descriptive model of each patient put in terms that are universally accepted by health care professionals; acknowledges patients as a whole to make their goals part of our plan of care.
 - **Health Condition**
Clinical summaries use evidence on managing patient health conditions. Includes overview of condition, examination, evaluation, diagnoses, prognosis, medical management, and case study.
 - **Body Functions and Structure**
Tests and measures: Information on administration and statistical interpretation assists in choosing valid and reliable measures for specific patient diagnoses.
 - **Activity and Participation**
Rehabilitation Reference Center access includes to general practice resources (textbooks and clinical reviews) and patient education resources (handouts, summary of health conditions, and exercise images).
 - **Interventions and Plan of Care**
Clinical practice guidelines and Cochrane Reviews: Systematic review of current evidence, published within 5 years by APTA sections and other health care organizations.

What else can PTNow help me with?

- **ArticleSearch:** Full-text access to research databases.